



# Châteauguay Community Learning Centres

# Winter<sup>2016</sup><sub>2017</sub>

Providing educational, socio-cultural, sports and family activities for all  
**Strong Families. Strong Community**

Centennial Park School | Harmony Elementary Mary Gardner School  
St. Willbrod School & Community Learning Centre  
Howard S. Billings High School | Nova Career Centre

New Frontiers School Board  
[clc.nfsb.qc.ca](http://clc.nfsb.qc.ca)





## Châteauguay Community Learning Centres

Contact **Anthony** for more information about anything in this brochure.

450 691-1440 ext 220  
aspadaccino@nfsb.qc.ca

# Community Learning Centres (CLCs)

are community schools that bring together various stakeholders in partnerships for youth development, lifelong learning, community engagement, family support and community health and safety.

Serving Chateauguay and the surrounding area, the Chateauguay CLC offers educational, social, recreational and family activities.

# Community Wednesdays are the hit of the town!

“Community Wednesdays” bring together local community groups, government organizations, and partners working together to offer a FREE community trade show.

Learn about local services and organizations that are here for you and your family. Bilingual representatives will be on-site to answer your questions.

Drop in any time between 4:00  
and 7:00 pm on the mentioned  
Wednesdays to find out more.  
Everyone is welcome!

**Free babysitting & a  
\$2 spaghetti dinner!**

## Coming up....

**February 1, 2017**  
École St-Jean-Baptiste

**April 5**  
École Ste-Martine

**May 3**  
École Gerin-Lajoie

# Re-Nou-Vie

Re-Nou-Vie is a help centre offering support to women considering separation or divorce. Come by and enjoy a cup of coffee, all while meeting our wonderful team of workers who will be happy to help you find answers to your questions. [www.renouvie.com](http://www.renouvie.com)

Also offered:

## Mères-Amies...

You really love your children, though life is not always easy. You often lose patience with them. You often feel overwhelmed by the event of everyday life. You feel alone in the struggle... The Mères-Amies program is for you. Free and confidential parental coaching for all parents of children aged 0-12 years old. Call Diane Sirianni for more information at (450)692-9805 ext. 222 or email: [dsirianni@videotron.ca](mailto:dsirianni@videotron.ca)

## Camp des Jeunes...

You are a single mother; you have kids aged 4-12 years old. You have little or no respite. You would like time for yourself. You're tired, exhausted, overwhelmed. Re-Nou-Vie can offer you Camp des Jeunes. Registrations are mandatory because spaces are limited. The price is \$2 for a child and \$5 for two or more children. Selection is based on criteria that consider the need for respite for the mother. Call Annie Lavoie for more information or to register at (450)692-9805 ext. 225 or email: [a.lavoie.renouvie@videotron.ca](mailto:a.lavoie.renouvie@videotron.ca)



Habitat pour l'humanité  
Habitat for Humanity  
Québec



New Frontiers School Board  
Habitat for Humanity House  
Ormstown, Québec

## The "Our House" Project

The partners involved in this first-ever project in Quebec are the New Frontiers School Board/Chateauguay Valley Career Education Centre, the Municipality of Ormstown, Habitat for Humanity Quebec, and ÉcoHabitation. The result? A semi-detached home for two families in Ormstown.

**Is your family eligible to apply?**  
**Contact Kim Wilson at 450 288-5180**

# Babysitting/First Aid Course

4:00-7:00 p.m. • AGES 12 to 14 • Bring a supper

Tuesday, Wednesday, Monday, March 14, 15 & March 20

St. Willibrord Minimum of 9, maximum of 12 participants

**Instructor:** Bev Tannahill, Certified Instructor

**Contact:** 450 829-2396

**Cost:** \$55 (includes booklet and certification card)

Course given at St. Willibrord School by Chateauguay Valley Career Education Centre (CVCEC) health care teachers. Become a certified babysitter through the Canada Safety Council babysitting course. Learn how to care for children from three months to school-aged, the behaviour and misbehaviour of children, handling emergencies, caring for a sick or injured child, and basic first aid. A minimum of 70% is required on the final exam to receive your certification.

- Cheques payable to "CVCEC"
- Course will be filled in order of the registrations paid in full.

Contact **Anthony at 450 691-1440 ext 220**  
**aspadaccino@nfsb.qc.ca** to register

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## Châteauguay Basketball Association

During the 2016-2017 seasons we will offer both inter-city teams and a revamped house league. We will also provide tutoring for any CBA members who may need extra help in their studies. The CBA has been a part of the community for over 30 years. We

thrive on teaching our kids the importance of teamwork and fair play. All players and skill levels are welcome. Have never played basketball before? Great! It's time to start! We have coaches who volunteer their time to teach our house league kids the fundamentals of the game. Our Ravens Inter-City teams will be competing against teams across the Island of Montreal. For more information visit us at [www.cbaravens.com](http://www.cbaravens.com) or email us at **[cbaravens@hotmail.com](mailto:cbaravens@hotmail.com)** Telephone: 438-888-9657

# Monteregie West Community Network

Life-long learning courses for adults & seniors

Your local MWCN and the CLC have partnered to offer life-long learning opportunities. For further information and times, please call Gayle at 450-699-1078 or Pauline at 450-617-0513

## Upcoming events and courses for Winter 16/17:

Registration, Wednesday January 11 and 18 at  
Nova Career Centre from 4:00 to 6:00 p.m.

***Courses held at Nova Career Centre, 70 Maple, Chateaugay***

### **Computer for Beginners**

6 weeks • Date to be determined • \$60

### **iPod, iPads and social media.... learning together**

2 weeks (longer if needed) • Date to be determined • \$20

### **French Conversation**

January 23 to March 27 • \$70

### **English Conversation**

January 25 to March 29 • \$70

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***Courses at St. Willibrord School 300 McLeod Street, Chateaugay***

### **Creative writing, storytelling, life experiences, publishing possibilities and getting to know our neighbours** *visit to Kahn-awake*

February 14 to April 18 • \$60

### **Book Club** "Little Women"

\$20 plus the book.

1st group February 6, 20 and March 13

2nd group February 13, 27 and March 13

### **Knitting Group** meets every 3rd week

Tuesdays from 11:00 a.m to 1:00 p.m. January 17; February 21; March 21; April 18; and May 16. All are welcome and it is FREE.



# WE TEACH ENGLISH DIFFERENTLY

Call: 450-698-0342

**CVLC: CHATEAUGUAY VALLEY LITERACY COUNCIL**

**Instructors:** Françoise Bravay, Elizabeth Moravec Hewa and volunteer tutors.

**For more information:** [www.facebook/cvlc.chateauguay](http://www.facebook/cvlc.chateauguay)

<b>ENGLISH WORKSHOPS</b>	<b>Workshops start in January, 2017</b>
<b>Tuesday: 10:00 – 11:30 AM and / or Thursday: 10:00 – 11:30 AM</b>	
<p>Age 16 yrs +</p> <ul style="list-style-type: none"> <li>+ We offer literacy one-on-one and group tutoring for those who speak English but who need to improve their reading and writing skills.</li> <li>+ We offer beginner, intermediate, and advanced level English instruction in a non-formal, friendly atmosphere where you will improve your English for everyday situations.</li> </ul>	
<b>WE ALSO OFFER</b>	
<b>READING PROJECTS</b>	<p><b>We offer reading activities for all ages.</b></p> <ul style="list-style-type: none"> <li>+ We help set up reading activities in which youth read to older people for an evening of fun.</li> <li>+ Also, youth reading to youth to encourage reading amongst peers.</li> </ul>
<b>ENGLISH EXIT EXAMS</b>	<p><b>We help prepare high school and college students for the English exit exams.</b></p> <ul style="list-style-type: none"> <li>+ We offer one-to-one workshops reviewing grammar, spelling, and writing skills.</li> </ul>
<b>ADULT EDUCATION</b>	<p><b>We help those enrolled in or entering adult education with their English language courses.</b></p>



# Crossroads

Through seasonal camps and after-school programs, it is our mission to provide youth with the opportunity for personal growth, increased self-esteem, and the chance to build new friendships. . . all while having fun!

Our staff includes educators who are ready to help our campers discover their abilities, and reach their full potential, all within a safe and fun environment.

Through sports, games, crafts, cultural activities and various day trips, we also incorporate reading and writing into our fun days, ensuring your child's educational development continues!

Our facilities include a gymnasium, cafeteria, movie theatre, large outdoor play area and much more.

With many years' experience organizing our camp, Crossroads has developed the expertise required to give your child a fun- filled, never-to-be-forgotten experience, making new friends and memories to last a lifetime.

For further information about upcoming camps visit our website [www.carrefourcrossroads.com](http://www.carrefourcrossroads.com), send us an email ([crossroadscarrefour@outlook.com](mailto:crossroadscarrefour@outlook.com)) or give us a call (514 833-8970). It will be our pleasure to answer any questions you may have.

Samantha & Anthony, Directors of Crossroads



# MONDAY

## Irish Dancing

6:00-7:00pm • AGES 5 to 12

St. Willibrord Gymnasium

The Young Academy of Irish Dance offers dance classes for children aged 4 and up from beginner to Championship level. Irish dance builds self-confidence, coordination skills, balance, and most importantly, through teamwork, it builds friendships. Students will learn basic and advanced steps for solo and group dances preparing them for performance and competitions. Private lessons are also available for competitive dancers

# Weekly Activities

**Instructor:** Janice Young - Certified AD-CRG-TCRG  
**Contact:** youngirishdance@hotmail.com Tel: 514-588-1179  
**Duration:** Ongoing **Cost:** \$35/month

# TUESDAY and/or THURSDAY

## Circuit Training with Gilles Cloutier

Ages 16+ Do you want to enhance your cardio and your endurance? This is the group for you! Participants will work on toning, various drills, relays, boot-camp, circuit training and much more.

### Beginners

#### Tuesdays

6:45 p.m. to 7:45 p.m. • 7 weeks • Jan 17 to Feb 28

\$49/one night per week • \$84 two nights per week

#### Thursdays

8:30 p.m. to 9:30 p.m. • 7 weeks • Jan 12 to Feb 23

\$49/one night per week • \$84 two nights per week

### Intermediate

#### Tuesdays

7:45 p.m. to 9:15 p.m. • 7 weeks • Jan 17 to Feb 28

\$52/one night per week • \$95 two nights per week

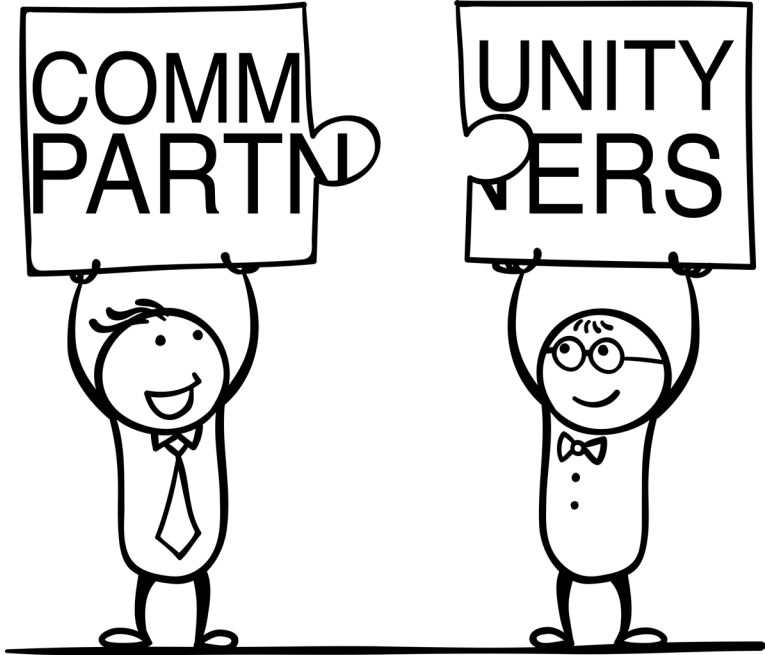
#### Thursdays

7:00 p.m. to 8:30 p.m. • 7 weeks • Jan 12 to Feb 23

\$52/one night per week • \$95 two nights per week

### Contact

gilles.cloutier5@videotron.ca • 514-296-5535 • Facebook: Gilles Cloutier



**Carrefour** [www.carrefourcrossroads.com](http://www.carrefourcrossroads.com) (Ms. Samantha & Mr. Anthony) "Building youth from the ground up". Crossroads provides youth with seasonal camps to promote personal growth through leadership-based activities and literacy  
514 833-8970

**Actions Jeunes (Quebec En Forme)** Promotion of healthy eating habits and physical activity for Chateauguay youth: Guy Turcotte, coordinator  
[guy.turcotte@bell.net](mailto:guy.turcotte@bell.net)  
514-970-7475.

**MWCN** – Monteregie West Community Network  
"To improve the collective well-being of the English-speaking community"  
[mwcn2016@gmail.com](mailto:mwcn2016@gmail.com)  
Contact Pauline Wiedow  
450-617-0513

**CVLC** offers English language instruction for a variety of needs: high school, adult education, work place. Francoise and Elizabeth 450-698-0342

**Parkview Preschool** (St. Willibrord School) contact Shannon 450-691-4550 ext 5/450-691-4320

**Miss Darla's Preschool**  
(Centennial Park School)  
contact Darla 514 792 7278

**Quebec 4-H** youth ages  
6–25 enjoy hands-on  
learning, developing  
leadership skills through  
activities at club, provincial  
and national levels. Projects  
include food, photography,  
square dancing, livestock,  
and much more. Contact:  
Lorelei 514-398-8738 -  
office@quebec4h.com

**Toastmasters International**  
Learn leadership skills,  
be more persuasive and  
confident, master public and  
impromptu speaking, and  
organizing your thoughts.  
Contact Lise Chenier 514-  
941-2159 or chenier.lise@  
gmail.com

**Zumba Dance** 514-570-  
7462 www.rinazumbadance.  
webs.com or rinazumba@  
yahoo.com, facebook  
rinadance

**Les Riverains** circuit  
training, running and much  
more! Gilles Cloutier 514-  
296-5535 gilles.cloutier5@  
videotron.ca, Facebook  
Gilles Cloutier

**CALACS**- Sexual Assault  
Centre serving Chateauguay,  
Beauharnois, Hemmingford  
and Napierville, CALACS  
provides sexual assault  
counseling, support  
and accompaniment for  
women 14 years and older.  
CALACS: Sexual Assault. No  
More! Contact 450-699-8258

**Imprimerie Ressources  
Illimitées**, 450-699-3758,  
info@ressourcesillimitées.  
com

