

Gault Institute

Community Learning Centre



Coming up @ Gault . . .

January to June 2018

Something for everyone!

Gault Institute • 17, rue Gault
Salaberry-de-Valleyfield, QC J6S 3R4



New Frontiers School Board
Community Learning Centres

Karaté

Instructed by Denis Plante, head instructor of Plante Karaté Dojo. Ages 6 and up. The style of Karaté practiced is Shotokan. Beginners to advanced.

Tuesdays & Thursdays - 6:30 to 8:30 p.m.
September, 2017 to June, 2018
450-288-2490
[Check us out on Facebook!](#)
Ongoing registration - join anytime!

Anglais

Améliorer votre communication en Anglais! Develop your English grammar, vocabulary and improve your reading skills. One "free" trial course!
Beginner to Intermediate

Wednesdays - 7:00 to 8:30 p.m.
Registration: January 31 6:00 to 7:00 p.m.
February 7 to April 18
\$120.00/10 courses
[Regardez notre video!](#)

Fencing

This class is designed to teach the basic concepts of fencing: technique, speed, precision and tactics. Play activities, as well as practicing the physical and mental skills related to fencing.

Wednesdays - 6:00-7:30pm
January 10 to May 9, 2018 (12 weeks)
www.eskrimroussillon.ca
escrime_roussillon@hotmail.com

Jiu- Jitsu

Instructed by Gordon Byrd. Ages 6 and up. The style of the jiu-jitsu that's practiced throughout the courses is for everyone, from beginner to advanced. Ongoing registration, start anytime!

Mondays - 7:30 to 9:00 p.m.
Wednesdays 6:30 to 9:00 p.m.
September, 2017 to April, 2018
Gordon Byrd 514-778-4180
[Check us out on Facebook!](#)
Ongoing registration - join anytime!

Du Piyo

Instructed by a contemporary dance instructor this course is designed to strengthen your core and confidence. A mixture of pilates, yoga and dance.

Tuesdays - 6:30 to 7:30 p.m.
January 9 to June 21, 2018
France Lefebvre 450-377-1988
[Check us out on Facebook!](#)

Babysitter Course

This nine hour course for kids aged 12 or over teaches the skills to provide a babysitting service with confidence. Pack a dinner!

February 6, 8 and 13
4:00 to 7:00 p.m.
Cost \$55

CONTACT
[BROOKE FOR INFO!](#)
450-373-6922
514-378-0164

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